

Nurturing the Spirit

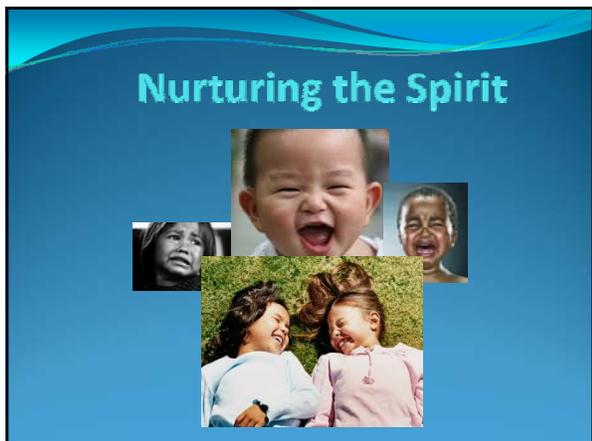


Nurturing the Spirit



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...Beyond



Behavior Management....

Nurturing the Spirit



Beyond Behavior Management....

Nurturing the Spirit



Beyond Behavior Management....

Nurturing the Spirit



Beyond Behavior Management....

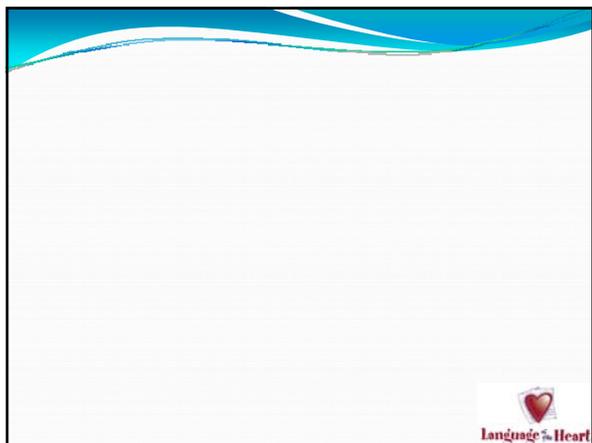
Nurturing the Spirit



Beyond Behavior Management....

Together for the children...











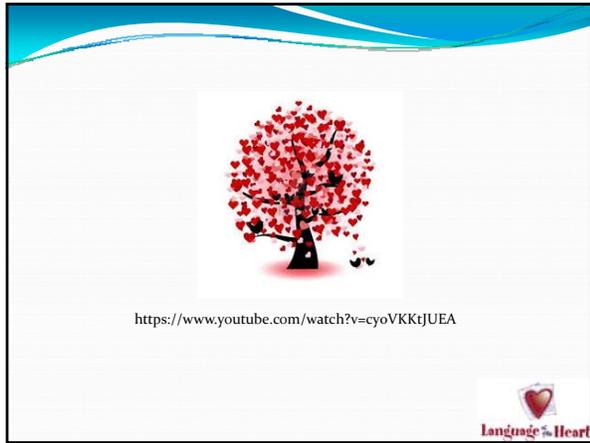




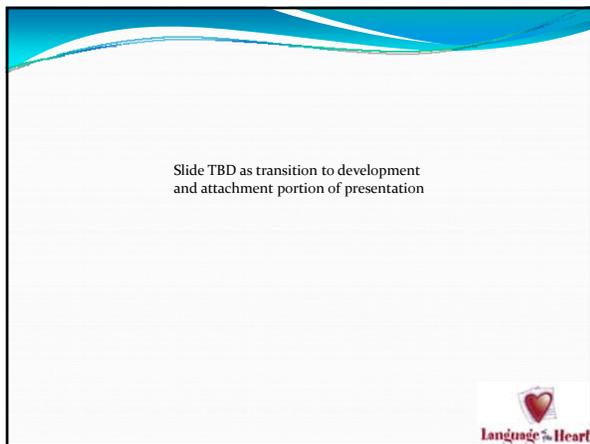








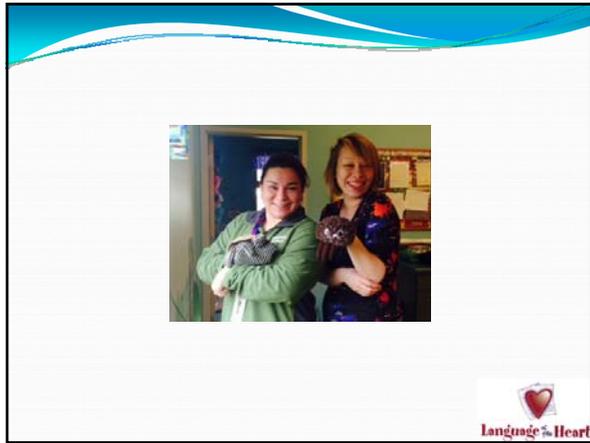






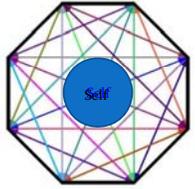






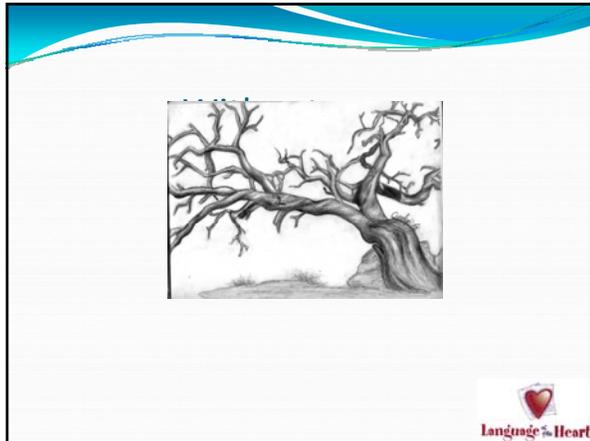
Development of complexity

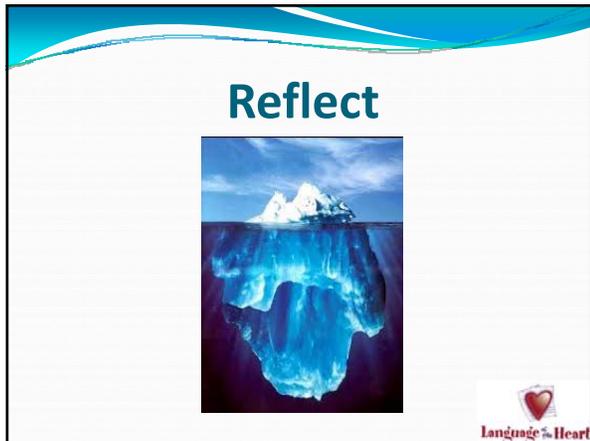
- Neurobiology
- Relationships and Experiences
- Safety & Beliefs about Others
- Emotions
- Attention and Calming
- Motor, Physical, Vision
- Language and Curiosity
- The Spirit Expressed....

A geometric diagram consisting of a central blue circle labeled "Self". This circle is surrounded by a complex network of overlapping lines in various colors (red, green, blue, purple, yellow) that form a series of interconnected triangles and polygons, representing a complex system or network.

Development and Attachment *LOVE*

A photograph of a large, full-canopied green tree standing in a field. In the background, there is a line of bare trees, suggesting a forest or park setting.





Functions of Attachment

"All You Need Is LOVE"

- Providing a Sense of Security **LOVING PROTECTION**
- Regulation of Affect and Arousal **LOVING ASSISTANCE and ATTENTION**
- Promoting the *Expression of Feelings* and Communication **LOVING INTEREST**
- Serving as a *Base* for Exploration and again, **LOVE!**

Davis, 2005



Attachment

Bowlby defined attachment as a strong **emotional** tie to a specific person that promotes the young child's sense of **security**.

Attachment Theory has established that an infant or young child needs a **constant relationship** with a particular person in order to **thrive** and develop in a healthy manner.

Davies, 2011



Attachment Patterns

- The four attachment types are:
 1. Secure
 2. Insecure-Avoidant
 3. Insecure-Ambivalent/Resistant
 4. Insecure-Disorganized/Disoriented

Davies, 2005



Secure Attachment **Safe, Consistent Love**



<http://www.youtube.com/watch?v=s6o8o77NtNI>

A Developmental View: The Brain

- Newborn infants are born with 100 billion neurons
- Synapses develop in response to stimulation (attachment, interaction, communication, nurture...)
- Synapses form networks in the brain
 - Synapse networks equate to E-B-D, Emotional Behavioral Development patterns
 - Unstimulated or under stimulated neurons may 'prune off' and the potential for better regulation and functioning becomes limited
 - Patterns that are reinforced become what we 'attend to'



Language & Heart

A Developmental View: The Brain



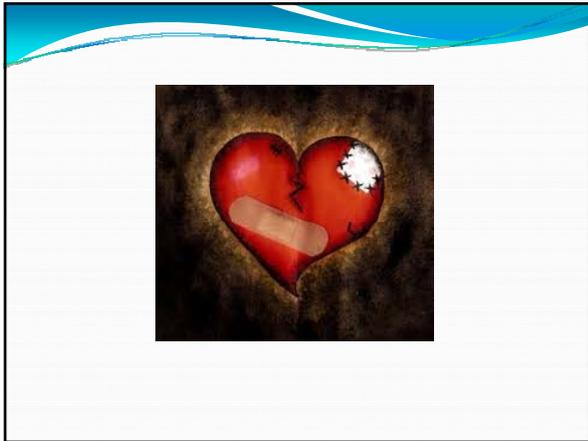
Language & Heart

We Need Love to Survive



Language & Heart



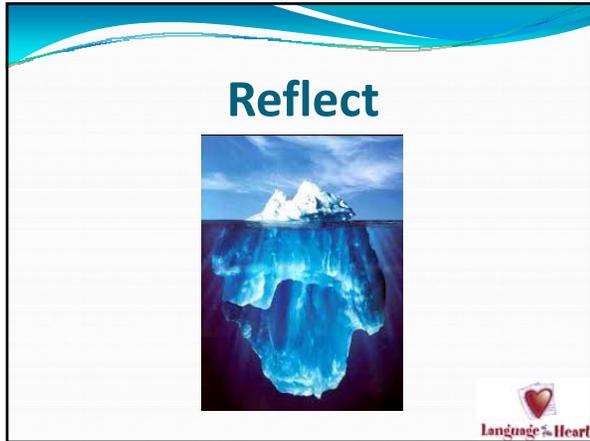


Historical Trauma Defined
“The collective emotional and psychological injury both over the life span and across generations, resulting from a cataclysmic history of genocide” (Braveheart, 2010).

Symptoms of Historical Trauma
 © Takini Network

Language & Heart

Longterm Effects		
Secure	Avoidant	Anxious
No problem with getting close to others	Uncomfortable with getting close to others	Others don't want to get as close as they'd like
comfortable being the dependant and the depended-on	Uncomfortable with the idea of depending on (or trusting) anyone	Worried that their partner won't be there for them to depend on
Doesn't worry about being abandoned	Worries they will have to do the abandoning	Worries about being abandoned
Doesn't worry about others getting too close	Worried about others getting too close	Worried about others not getting as close as they'd like





Solutions & Interventions

EC Clinician Training:

- * typical development
- * injuries and losses in development
- * trauma and the need for healing
- * coaching and consulting

Safety * Development * Relationships * Emotion



Solutions & Interventions

TBD



Solutions & Interventions

TBD



Solutions & Interventions

TBD



Solutions & Interventions

TBD



Who You Are Matters

- “The effects you will have ...are infinite and currently unknown; you will possibly shape the way will behave as partners and spouses, the way they will raise their kids.”
— [Donna Quesada, *The Buddha in the Classroom: Zen Wisdom to Inspire Teachers*](#)



Resources

Zero to three www.zerotothree.org
Incredible Years www.incredibleyears.com
PBS site for teachers:
www.pbs.org/teachers/blogs/2009/04/we_shall_remain_teaching_native_american_culture_within_a_m
LLBO Behavioral Health 218-335-3050
LLBO Head Start 218-335-8353
Language of the Heart, LLC 866-204-KIDS*

*To order the MyFeelings! toys