SOCIAL-EMOTIONAL LEARNING
Welcome!

A Little About Your Presenter...

Dr. Michael Hubler, Ed.D. Is a College Professor, with his Doctoral Degree in Early Childhood Social-Emotional Learning.

He has been the Executive Director of Children’s Services & Education Programs for Over 20 Years

And is the Author of 42 Early Childhood Education Books/Curricula
The Learning Pyramid

Academic Learning
Children’s Behavior
Social-Emotional Learning
Functional Communication
Emotions from A - Z
“Persistent physical aggression, high-school dropout rates, adolescent delinquency, and antisocial behavior have all been associated with early childhood conduct problems”

(Boyd, et al, 2005, P.3)
SOCIAL & EMOTIONAL LEARNING

Only 40% of children are socially and emotionally ready to start kindergarten

(National Academy of Sciences, 2008)
SOCIAL & EMOTIONAL LEARNING

Predictors of 1st grade success:

Self-regulation levels predict school success better than cognitive skills and family background

(Boyd, J., Barnett, S., Bodrova, E., Leong, D., & Gomby, D., 2005)
Areas of Social - Emotional Learning:

1. Developing a positive self-identity
2. Building a sense of competence in their thinking and actions
3. Understanding their emotions - being able to recognize, label, and regulate their emotions
4. Learning empathy of others (understanding their emotions)
Areas of Social - Emotional Learning (continued):

5. Understanding they are part of the classroom community
6. Helping them to build relationships with peers and adults
7. Engaging in cooperative play with peers
8. Developing an internal sense of right and wrong (morals)
9. Learning to resolve conflicts themselves
Add emotional skills to your activities and lesson plans such as being gentle, loving, polite, kind, and friendly.
SOCIAL & EMOTIONAL LEARNING

Add social skills to your activities and lesson plans such as being helpful, sharing, caring, forgiving, and self-controlled.
SOCIAL & EMOTIONAL LEARNING

How do we teach social and emotional skills?
Just like anything else...
- Role-Playing
- Modeling
- Practice
- Positive Reinforcement
- Circle Time Activities
- Songs
- Games
- Stories
- Crafts
- Play
Activities to Teach Social & Emotional Skills:

- Felt Board Feelings
- Fishing for Friends
- Gardening
- Hug A Bug
- Say Something Nice
Emotions Matching Game
SOCIAL & EMOTIONAL LEARNING

Conflict Resolution - The Teachable Moment
SOCIAL & EMOTIONAL LEARNING

Calming A Child Down
POSITIVE REINFORCEMENT TO FACILITATE CHANGE IN BEHAVIOR

Who needs the most love, attention, or support?
The well-behaved child or the behaviorally challenged child?
SOCIAL & EMOTIONAL LEARNING

The development of caring, sharing, attachment, love, and empathy in boys

Where does this lead them in the future?
SOCIAL & EMOTIONAL LEARNING

Activities to Teach Social & Emotional Skills:
Doll, Stuffed Animal, Pets, and Gardening
SOCIAL & EMOTIONAL LEARNING

Garden Care

garden care

seed water dirt

sun grow weed
SOCIAL & EMOTIONAL LEARNING

Baby Doll Care

- baby
- care
- eat
- drink
- water
- bottle/milk
- bath
- diaper change
- potty
- change clothes
SOCIAL & EMOTIONAL LEARNING

Puppy Care

puppy  care

feed  water  bath

brush  pet  talk
SOCIAL & EMOTIONAL LEARNING

The positive expression of emotions.

Is it okay to get angry in school?
SOCIAL & EMOTIONAL LEARNING

Big Bear Hug
By Nicholas Oldland

Image of a bear hugging a tree.
SOCIAL & EMOTIONAL LEARNING

Self-control is your super power
It's easy to join our mailing list!

Just send your email address by text message:

Text **TIMETOSIGN** to **22828** to get started.

Message and data rates may apply.

Text to receive a 10% Discount on your order