

# SOCIAL-EMOTIONAL LEARNING



# Welcome!

*A Little About Your Presenter...*

Dr. Michael Hubler, Ed.D. Is a College Professor, with his Doctoral Degree in Early Childhood Social-Emotional Learning.

He has been the Executive Director of Children's Services & Education Programs for Over 20 Years

And is the Author of 42 Early Childhood Education Books/Curricula



# The Learning Pyramid



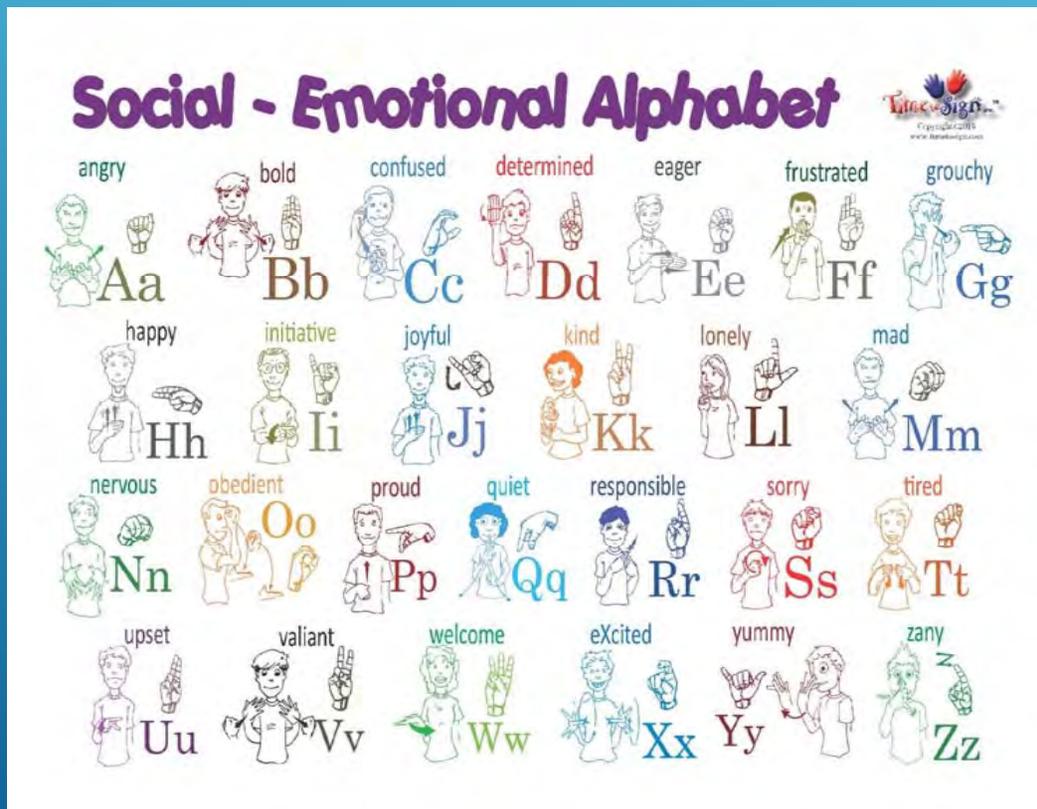
Academic  
Learning

Children's Behavior

Social-Emotional Learning

Functional Communication

# SOCIAL & EMOTIONAL LEARNING



Emotions  
from  
A - Z



# SOCIAL & EMOTIONAL LEARNING

“Persistent physical aggression, high-school dropout rates, adolescent delinquency, and antisocial behavior have all been associated with early childhood conduct problems”

(Boyd, et al, 2005, P.3)



# SOCIAL & EMOTIONAL LEARNING



Only 40% of children  
are socially and  
emotionally ready to  
start kindergarten

(National Academy of Sciences,  
2008)



# SOCIAL & EMOTIONAL LEARNING



Predictors of 1<sup>st</sup> grade success:

Self-regulation levels predict school success better than cognitive skills and family background

(Boyd, J., Barnett, S., Bodrova, E., Leong, D., & Gomby, D., 2005)



# Areas of Social – Emotional Learning:

1. Developing a positive self-identity
2. Building a sense of competence in their thinking and actions
3. Understanding their emotions – being able to recognize, label, and regulate their emotions
4. Learning empathy of others (understanding their emotions)



# Areas of Social – Emotional Learning (continued):

5. Understanding they are part of the classroom community

6. Helping them to build relationships with peers and adults

7. Engaging in cooperative play with peers

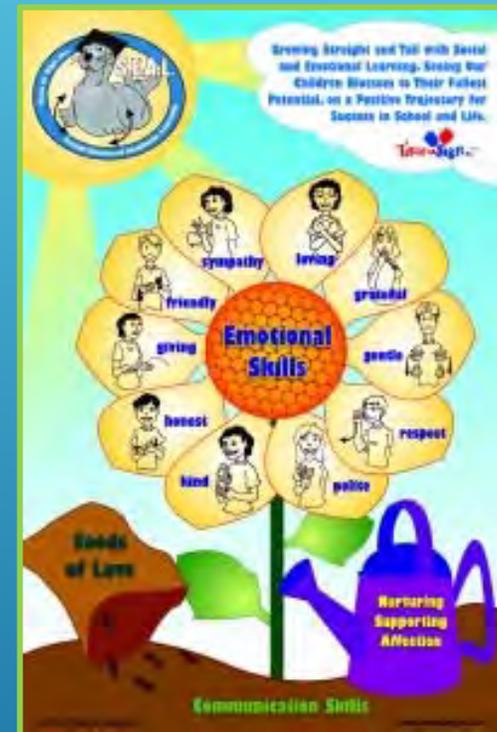
8. Developing an internal sense of right and wrong (morals)

9. Learning to resolve conflicts themselves



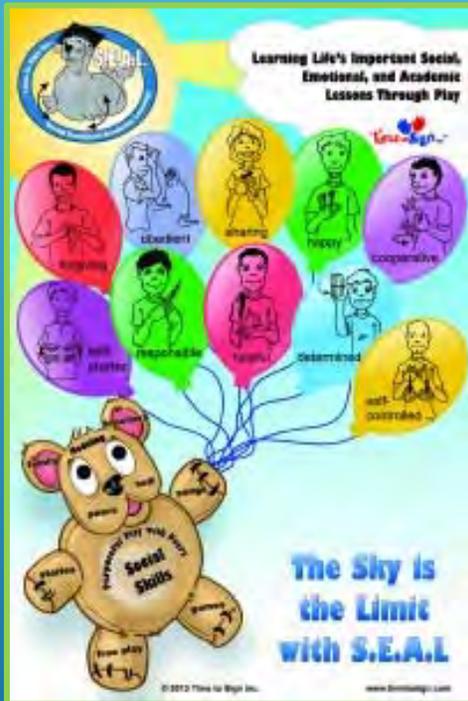
# SOCIAL & EMOTIONAL LEARNING

Add emotional skills to your activities and lesson plans such as being gentle, loving, polite, kind, and friendly.



# SOCIAL & EMOTIONAL LEARNING

Add social skills to your activities and lesson plans such as being helpful, sharing, caring, forgiving, and self-controlled.



# SOCIAL & EMOTIONAL LEARNING

How do we teach social and emotional skills?

Just like anything else...

- Role-Playing
- Modeling
- Practice
- Positive Reinforcement
- Circle Time Activities
- Songs
- Games
- Stories
- Crafts
- Play



# Activities to Teach Social & Emotional Skills:

Felt Board Feelings

Fishing for Friends

Gardening

Hug A Bug

Say Something Nice





# Emotions Matching Game



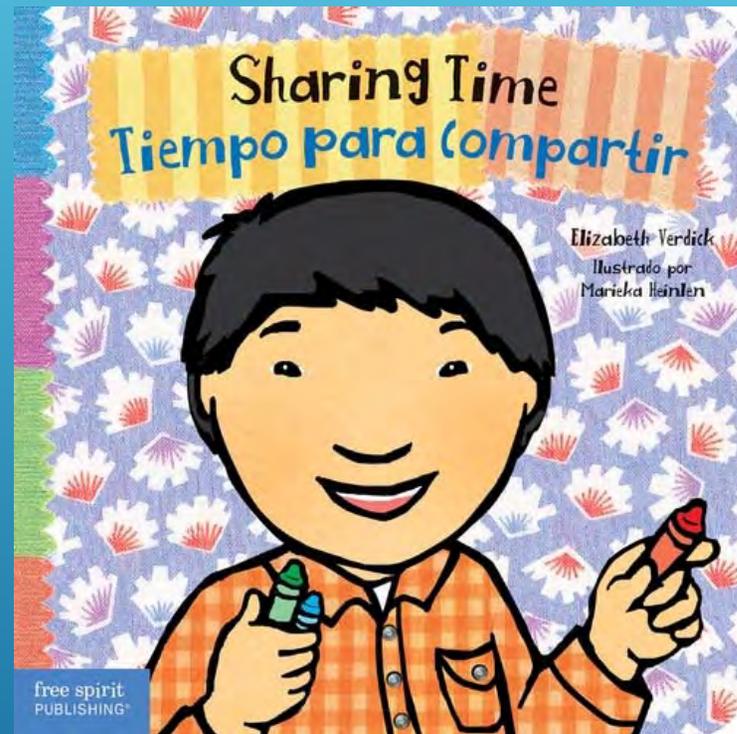
# SOCIAL & EMOTIONAL LEARNING

## Conflict Resolution - The Teachable Moment



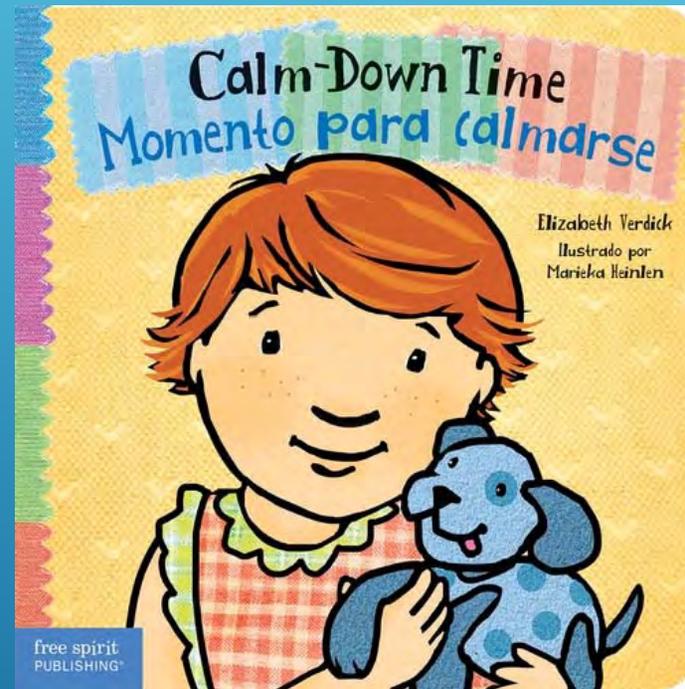
# SOCIAL & EMOTIONAL LEARNING

## Sharing & Taking Turns



# SOCIAL & EMOTIONAL LEARNING

## Calming A Child Down



# POSITIVE REINFORCEMENT TO FACILITATE CHANGE IN BEHAVIOR

Who needs the most love, attention, or support?

The well-behaved child or the behaviorally challenged child?



# SOCIAL & EMOTIONAL LEARNING



The development of caring, sharing, attachment, love, and empathy in boys

Where does this lead them in the future?



# SOCIAL & EMOTIONAL LEARNING



Activities to Teach Social &  
Emotional Skills:  
Doll, Stuffed Animal, Pets,  
and Gardening

# SOCIAL & EMOTIONAL LEARNING

## Garden Care



garden



care



seed



water



dirt



sun



grow



weed

# SOCIAL & EMOTIONAL LEARNING

## Baby Doll Care



baby



care



eat



drink



water



bottle/milk



bath



diaper change



potty



change clothes



# SOCIAL & EMOTIONAL LEARNING

## Puppy Care



puppy



care



feed



water



bath



brush



pet



talk

# SOCIAL & EMOTIONAL LEARNING

The positive  
expression of  
emotions.

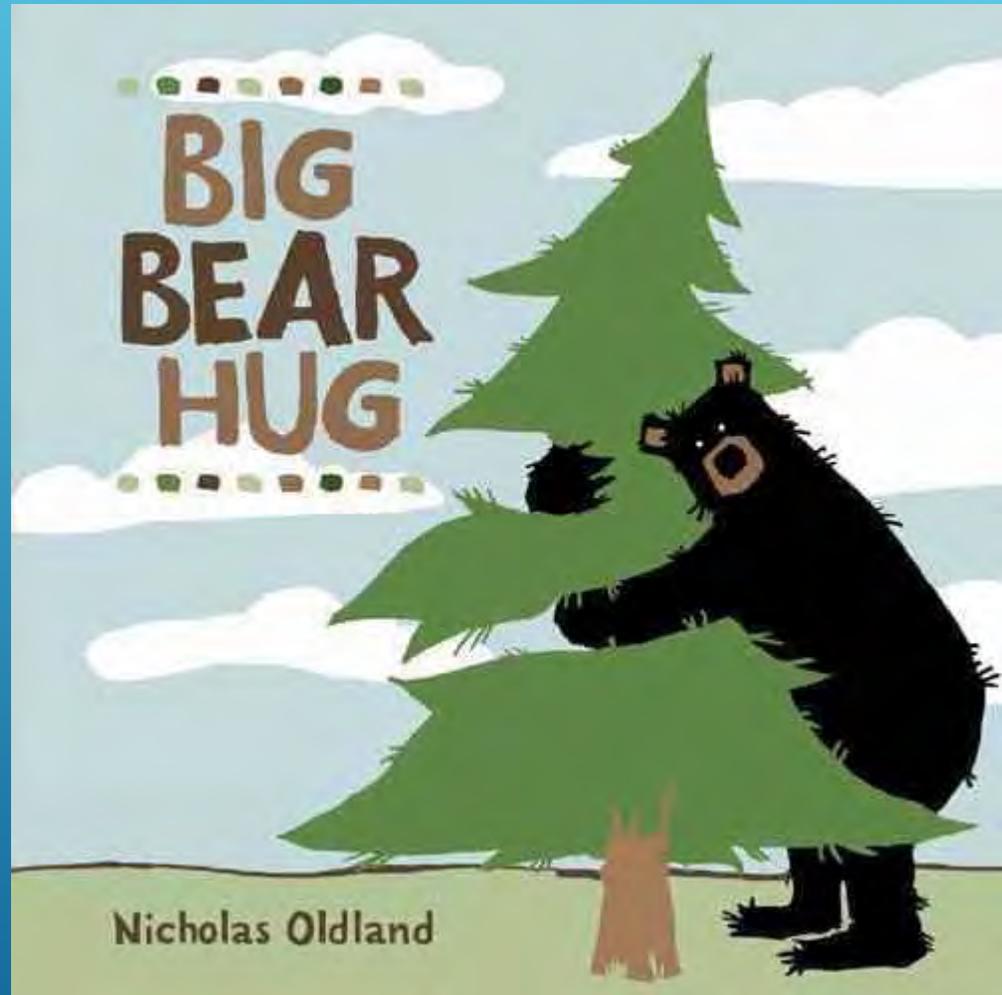
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Is it okay to get  
angry in school?



# SOCIAL & EMOTIONAL LEARNING

Big Bear  
Hug  
By  
Nicholas  
Oldland



# SOCIAL & EMOTIONAL LEARNING

Self-control  
is your  
super  
power



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