# The Magic of Transitions:

A Systems Approach









#### Session Learning Objectives

- Participants will understand the importance of successful transitions for children.
- Participants will understand their responsibilities, as EHS/HS in the transition process.
- Participants will be able to plan for a systemic transition system to ensure ready schools, ready families & communities, and ready children.



#### Head Start Program Performance Standards

#### **Subpart G-Transition Services**

• 1302.70 Transitions from Early Head Start

• 1302.71 Transitions from Head Start to Kindergarten

• 1302.72 Transitions between programs



#### TRANSITION = CHANGE

What comes to mind when you hear transition?

What are some of the transitions that we go through?

In a day...

Within a week...

During a month...

Throughout a year...

Across a lifetime...



#### Transitions in Early Childhood

# Transitions can happen several times during a child's enrollment in your program.

Transition into the program

- Transition within the program
  - From EHS to HS
  - Different classroom

Transitioning out of the program





#### **Successful Transitions**

Transitions are inevitable....

What makes for a successful transition?

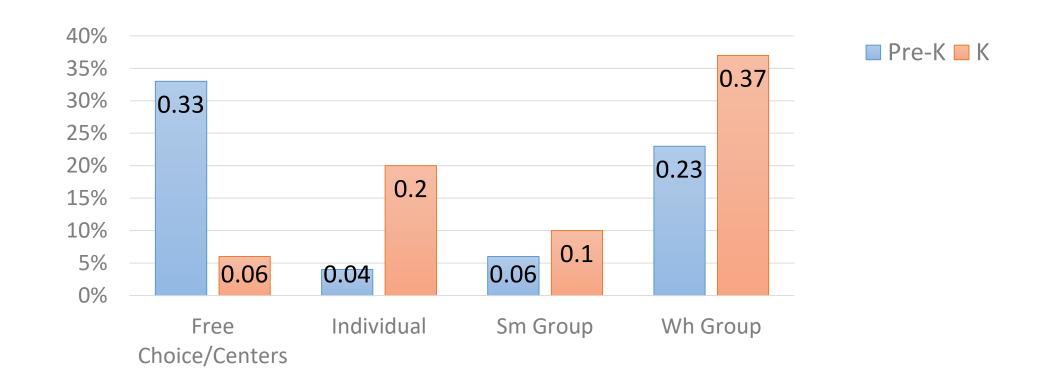
- Being prepared
- Feeling confident
- Having support
- Receiving a warm reception

Why Early Transition
Experiences are
Important





#### Preschool VS. Kindergarten



LaParo et al., 2009



#### Transition Practices Matter

More preschool to K transition practices

Strong partnerships to support transition practices with:

- Teacher/child
- Advocates/Families
- Head Start Admin/Receiving Schools

NCEDL, 1,000 children, 250 schools LoCasale-Crouch et al., 2008



#### Transition Planning: A Systemic Approach





#### Transition Activities and Positive Outcomes

More preschool to K transition practices

At the beginning of kindergarten:

- Greater frustration tolerance
- Better social skills
- Fewer behavior issues
- Fewer learning problems
- More positive approaches to learning

NCEDL, 1,000 children, 250 schools LoCasale-Crouch et al., 2008



#### Planning for Success – Having a Transition System

- Success does not happen by accident. It is planned.
- An intentional transition system prepares children, families, and the community by addressing each of the transition connections.
- READY CHILDREN
- READY FAMILIES
- READY SCHOOLS/COMMUNITIES





#### Planning for Success: Transition connections

#### Ready: Group Activity

- READY CHILDREN
- READY FAMILIES
- READY SCHOOLS/COMMUNITIES



Pueblo of Laguna Head Start/Early Head Start





#### Planning for Success: Transition connections

#### **Group Activity Share**

- READY CHILDREN
- READY FAMILIES
- READY SCHOOLS/COMMUNITIES





## Ready Children





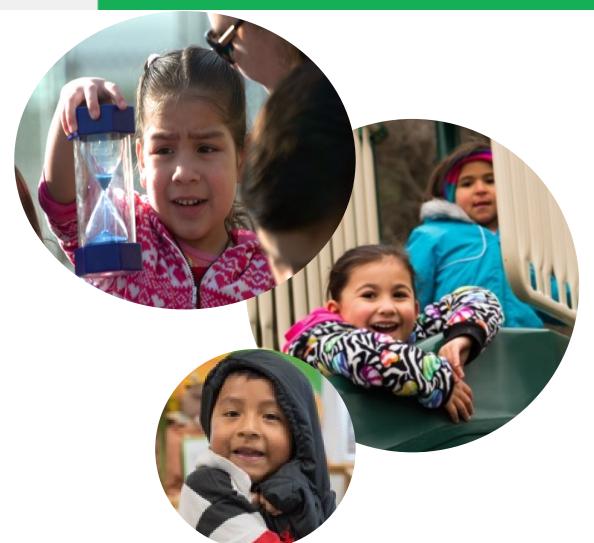
#### Ready Children

The Office of Head Start describes school readiness as:

School readiness is foundational across early childhood systems and programs. It means *children* are ready for school, *families* are ready to support their children's learning, and *schools* are ready for children.



#### Preschool to Kindergarten



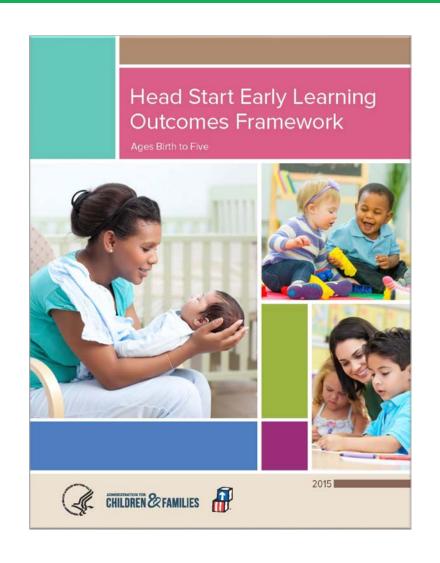
- Changes in academic demands and curricula
- Less family connection with school
- Complexity of social environment (peers and adults)
- Less time with teacher(s)

Pianta & Kraft-Sayre, 2003



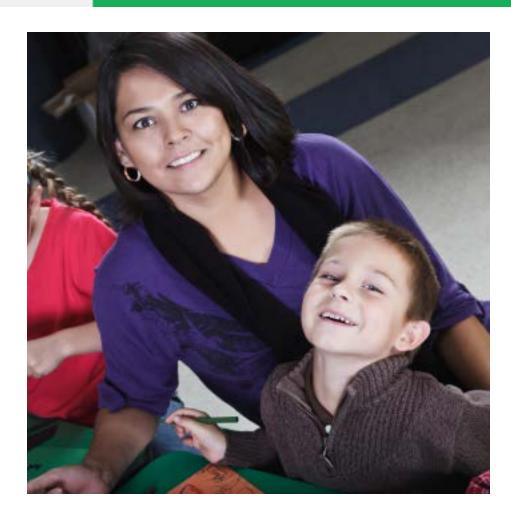
#### Child Development as our Guide

Knowledge of child development can help us understand how transition may affect the developing child.





## Ready Families



Head Start Parent, Family, and Community Engagement Framework

Positive & Goal-Oriented Relationships

Equity, Inclusiveness, Cultural and Linguistic Responsiveness

PROGRAM FOUNDATIONS	PROGRAM IMPACT AREAS	FAMILY OUTCOMES	CHILD OUTCOMES
Program Leadership Professional Development Continuous Learning and Quality Improvement	Program Environment Family Partnerships Teaching and Learning Community Partnerships Access and Continuity	Family Well-being Positive Parent-Child Relationships Families as Lifelong Educators Families as Learners Family Engagement in Transitions Family Connections to Peers and Community Families as Advocates and Leaders	Children are:  Safe  Healthy and well  Learning and developing  Engaged in positive relationships with family members, caregivers, and other children  Ready for school  Successful in school and life

Head Start Parent. Family. and Community Engagement Framework

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#### Family Engagement Matters

#### Family engagement is associated with:

- More cooperative, self-controlled, and socially engaged children.
- Lower rates of high school dropout, increased on-time high school completion, and higher grade completed.
- Higher achievement in language and math, and higher ratings on peer interaction.

Hamre and Pianta, 2001 and Jerome, et al., 2009



#### For Children with Disabilities

 Ensuring families are informed of rights, including within the new setting.

Ensuring families can advocate for their child.

Ensuring families are part of the process.



#### Transitioning Children with Disabilities

- Transition to Part B (Preschool)
- Transition from Part C (Infants/Toddler)

Develop Interagency agreements for services for eligible children, including transition services as children move from:

 services provided under Part C of IDEA to services provided under Part B of IDEA and from preschool to kindergarten.



## Ready Schools/Communities





#### Intentional Transition Plan

#### The Head Start Program's Role

A program must collaborate with local education agencies to support family engagement and state departments of education, as appropriate, and kindergarten teachers to implement strategies and activities that promote successful transitions to kindergarten for children, their families, and the elementary school.

A program must implement strategies and activities in the learning environment that promote successful transitions to kindergarten for enrolled children, and at a minimum, include approaches that familiarize children with the transition to kindergarten and foster confidence about such transition.



#### Intentional Transition Plan

#### Required Strategies and Activities

Coordination with schools or other appropriate agencies to ensure children's relevant records are transferred to the school or next placement in which a child will enroll

Communication between appropriate staff and their counterparts in the schools to facilitate continuity of learning and development

Participation, as possible, for joint training and professional development activities for Head Start and kindergarten teachers and staff.



#### Responsibilities

# Developing Relationships and Creating Partnerships with Receiving Schools

- Who in the HS program can lead this effort?
- What might "developing relationships" look like?
- What types of partnerships may be created between receiving schools and HS programs?

# Thank you

